Diné College and a partnership with NáNízhoozhí Center Inc. Integrated HIV/HCV/Substance Abuse Prevention Project for the Navajo Nation:

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**NáNízhoozhí Center Inc. Staff:**
Kevin Foley, PhD. – Director
Marco Arviso- Health Education Specialist
Sasha James- HIV Counselor
Gwendolyn Teengar- HIV Counselor
Project Overview

Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA)

Project Partnerships:
NaNizhoozhi Center Inc., Gallup, NM
University of Arizona College of Public Health

Project Goal and Objectives
Our goal is to provide integrated HIV/Hepatitis C and Substance Abuse prevention services to Diné College students on the six campuses and the surrounding communities, with a target population of 18 to 24 year old Navajo individuals. The overall goal of the project is to provide culturally and linguistically appropriate HIV/HCV/Substance Abuse prevention services to improve the overall health of the Navajo people.
EBI for our Native Community

The adaptation occurred with Navajo AIDS Network, Inc providers realized there was a need for HIV prevention in our Native community as the HIV epidemic continues to rise. There was also a need for emphasizing on Native pride and cultural teachings in dual identity.

Native Brothers
Nizhoni SISTAS
Native Voices
Nizhoni SISTAS

This intervention is a social-skills training intervention adapted for Native Transgender women. It has been adapted from the CDC EBI Sisters Informing Sisters on Topics about AIDS, SISTA. It is comprised of five sessions, delivered by peer facilitators. The sessions are gender specific and culturally relevant and include behavioral skills practice, group discussions, lectures, role-playing, and prevention video viewing.

Acknowledge pride, enhance self-worth
HIV/HCV Prevention
Negotiation skills
Assertive communication skills
Instruct how to effectively use condoms
Nizhoni Sista Preliminary Data

To complete our goal we needed 11 participants in the age of 18-24.

6 participants were 18-24 years old

Y2- 6 participants, 4 in the target age
Y3- 5 participants, 2 in the target age

Booster follow-up facilitated Fall 2017
Native Brothers

This intervention is an adaptation of Many Men, Many Voices (3MV), an intervention for Gay or Bisexual African American Men who were at risk for HIV. Native Brothers was adapted for the Native American population, it is a 6 session intervention that is hosted as a 2 day wellness retreat. The core curriculum consists of:

- Gender Pride
- HIV/STI Prevention
- Healthy Relationships
- Decision Making Process
- Stages of Change
- Also issues that pertain to each participant’s risk factors
Native Brothers Preliminary Data

To complete our goal we needed 20 participants in the age of 18-24.

9 participants were 18-24 years old

Y1-  9 participants

Y3-  11 participants

Booster follow-up session facilitated fall 2017
Native VOICES

Native VOICES is the current adaptation from Video Opportunities for Innovative Condom Education and Safer Sex (VOICEES/VOCES).

The program uses videos and role play to decrease the rates of sexually transmitted infections among AI/AN youth through greater use of barrier methods. A single group session includes the following:

Native VOICES video
Condom demonstration
Dental dam demonstration video
Selection of condoms and dental dams
Native Voices Preliminary Data

To complete our objective we needed 151 participants in the age of 18-24.

119 participants were 18-24 years old
Y1- 116 participants- 53 female, 62 male, 1 left blank
Y2- 29 participants
Y3- 6 participants

SHELL Preliminary Data

To complete our goal we needed 12 participants in the age of 18-24.

Year 1 only – 12 participants all 18-24 year olds
HIV data

Total HIV tests Y1-Y3: 661 HIV tests

18-24 year olds: 214

Source document: Web Eval

Gender Identity

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<th>Gender Identity</th>
<th>Male</th>
<th>Female</th>
<th>Transgender / Other</th>
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<td>22</td>
<td>297</td>
<td>16</td>
<td>26</td>
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Question: Do you have support from family, a partner, or friends who you can talk to if you get a preliminary reactive test result today. (from HIV readiness form)

Support from a family member, partner or friends

337 participants have support
59 participants do not have support
10-left blank
total = 406"
Question: Have you been tested for HIV before? (from HIV readiness form)

Yes - 230
No - 165
Left blank - 11

Yes 57%
No 40%
Left blank 3%
# Aggregated data for all of the EBIs

<table>
<thead>
<tr>
<th>Race</th>
<th>Percentage</th>
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<tbody>
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<tr>
<td>African American/Black</td>
<td>1%</td>
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<tr>
<td>American Indian</td>
<td>82%</td>
</tr>
<tr>
<td>Native Hawaiian/Pacific Islander</td>
<td>0%</td>
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<td>Asian</td>
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<tr>
<td>Other</td>
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<tr>
<td>Left blank</td>
<td>11%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
</tr>
</tbody>
</table>
**Sexual Orientation**

- Heterosexual: 61%
- Bisexual: 10%
- Gay/Lesbian: 13%
- Unsure: 3%
- Left Blank: 13%

**Primary Language**

- Navajo: 5%
- English: 83%
- Other: 1%
- Left Blank: 11%
Would you know where to go in your neighborhood to see a health care professional regarding HIV/AIDS or other sexually transmitted health issues?
78% - Yes
18% - No
4% - Left blank

Would you know where to go in your neighborhood to see a health care professional regarding a drug or alcohol problem?
76% - Yes
20% - No
4%  - Left blank

Presentation and Outreach:

HIV 101, HCV 101, Substance Abuse 101 **Presentations:**
Y1 = 3 presentations
Y2= 7 presentations
Y3 = 16 presentations

**Outreach Events** with 18-24 year old participants
Y1= 6 event
Y2= 20 events
Y3= 21 events
Rez Condom Tour

The Rez Condom Tour is a community-based project to increase access to contraception, promote healthy sexual expression, and promote the need for comprehensive sexual education for Navajo youth and young adults.

Now in its 5th year, the tour is an entirely grassroots movement that exists thanks to the community support received by various organizations across the southwest. They offer free condoms, lube packets, dental dams, demonstrations, community presentations, and STD/HIV testing at events.

Since it's launch, the tour has been spearheaded by Keioshiah Peter and Faith Baldwin.
The Diné College HIV/HCV/Substance Abuse prevention project is launching a Social Marketing campaign to promote awareness and education of HIV/HCV Testing.

Focus Groups were facilitated to identify how participants obtain HIV prevention materials and HIV/HCV screening sites.
Engage in their knowledge of resources for HIV/HCV organizations and HIV/HCV screenings sites.
Identify what social media apps or sites they use to get HIV/HCV information.
Also what types of imagery and wording would relate to the participant.
Thank you
Questions? Comments?

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